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SPIRE-EIT|2019
 SPIRE

Summer Program for Interdisciplinary Research and Education - Emerging Interface Technologies (SPIRE-EIT)

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REU|2019 About Calendar 🔻 Courses▼ Research Teams▼ People 🔻 Resources -

Roselynn Conrady



Last Dance

🛗 August 2, 2019 🛛 🎩 Roselynn Conrady

It is our last day It feels very bittersweet

SPIRE-EIT

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VR Dance Team at the Symposium

🛗 August 2, 2019 🛛 🎩 Roselynn Conrady

We had a mobile demo of our dance experiment for people to try out. One guy came and he was killing it! I felt privileged to see this stranger belly dance



Woohoo! (Photo credits to Jenny Phan from the SPIT lab! https://research.hs.iastate.edu/s lab/)

Overall, the REU Symposium was cool! It was fun and intellectually stimulating to meet the other students and learn about their research. I wish we were able to socialize with those students throughout the program, but hey, at least we got a word in at the end!

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The Early Birdie Gets the Hot Chocolate Bar

🛗 July 31, 2019 🛛 💄 Roselynn Conrady

I ate about 1/2 of a 1/2 of a 1/2 of the World's Hottest Chocolate Bar during the ice cream social today. Also, the ice cream social was a really good idea. I might have to run one of these at the SDSU VR Club! Anyway, that chocolate warmed the back of my throat. It felt pleasant. Nina and Syema looked like they were dying (don't worry, we're all okay!). Birdie enjoyed the chocolate haha.

We're almost done with our paper

Can't wait for the symposium tomorrow

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It's almost over

🛗 July 30, 2019 🛛 💄 Roselynn Conrady

Let me give a brief summary of what happened since the last time I blogged:

VR Stress team finished their data collection and experiments. On Sunday, we came in to the CAR lab with our mentor to clean up some autonomic data (mostly heart rate and RSA). The next day, Alissa (another REU student in another program) ran our immunoassay. With that done, the step was to have Neil run statistical analyses (did repeated ANOVA using SPSS, I think I got that right).

Results look interesting. We'll have to talk about it further with Birdie today. Oh boy, can't wait for today's Luncheon Lecture 😃

Let's see... I spent some time going through our "References" section of the paper. At the moment, I think one thing I

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Vrinda said she was feeling "kiddish" + Stressy Stress authors

🛗 July 26, 2019 🛛 🚨 Roselynn Conrady

I learned a new word from Vrinda today hehe

Also, shout out to Jack for looking over my resume! I gotta fine tune the content and fix the formatting.

Intern Blogs

123>>

- Bradon Thymes
 Emmanuelle Hernandez
 Jennifer Patterson
 Karina Bhattacharya
 Kelsey Benjamin
 Long Chungka

- Lara Chunko

Q

- Lucas Wright
- Nina Crosby Walton Roselynn Conrady

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- Roselynn Cor
 Syema Ailia
 Tiger Ji
 Vrinda Shroff
- **Recent Posts** From a Great Past to a Terrific
- FuturePoster Symposium Yesterday
- Finale... Not YetLast Day
- Last Day
 Its the Last Day?! It Can't be Over Yet! August 2, 2019
 Closing Remarks 8/2
 Bittersweet Chocolate

- Bittersweet Chocolate
 Tick Tick 1...
 Last Dance
 VR Dance Team at the
 Symposium
 Synergy at the Symposium 8/1
 Tick Tick 2..
 The Early Birdie Gets the Hot
 Chocolate Bar
- Chocolate Bar Last Work Day
- Video editing skills are coming back to me...7/31

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- Abby Boytos on its the Last Day?! It Can't be Over Yet! August 2, 2019
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- Sympos um Yesterday
- Abby Boytos on From a Great Past to a Terrific Future
- Abby Boytos on Tick Tick 1.
 Abby Boytos on Bittersweet
- Chocola

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Previous Years of SPIRE-EIT

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could be doing is working on the conclusion section of our paper.
I will say though, the VR Stress team has been pretty good at splitting up the work evenly amongst ourselves. As a result, it was hard deciding the authorship order. Lucas and I were considering on flipping a coin haha. In the end, we decided it would go: Roselynn Conrady, Lucas Wright, Bradon Thymes, Ala Sobi, Neil Barnett, Lotte Van Dammen, and Elizabeth Shirtcliff.
Uncategorized IReply Edit
7/25/2019 Merry Christmas
🛗 July 26, 2019 🛛 🗶 Roselynn Conrady
Merry Christmas in July!
Peng Wei was our Luncheon Lecture guest and he was hilarious, and hecka smart. It's also a small world because he knows one of the Aerospace Engineering professors at SDSU (Ping Lul).
We finished data collection!!!!!!!!!!!!
Things aren't over for us though. We still have to analyze the results and write up the discussion.
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Sounds Sound Sound 💡
📾 July 24, 2019 🛛 🚦 Roselynn Conrady
Yesterday's Luncheon Lecture featured Alex Braidwood. Super chill dude. I was amazed by how well-rounded he is. Not only is he a designer he's an artist, programmer, and engineer. His most interesting work is how he "visualizes"

I think my favorite takeaway was when he told us how he came to lowa

data via sound. Soundification, I think is how he described it.

I came on accident but stayed on purpose Alex Braid

There's a lot that we can't control in life. But it's up to us to determine if we can take advantage of these opportunities to do something greater

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Big Time Rush to the End of the program

🖮 July 23, 2019 🛛 🚨 Roselynn Conrady

Yesterday was fun!

Thank you to Abby and Andrew for driving us to and from Minnesota.

I enjoyed getting to know the REU's and students at the University of Minnesota.

Afterwards, we went to Raising Cane's... Yum. Then, we skiddaddle to the Mall of America, where I met my childhood idol



Roselynn and Spongebob

All in all, it was a solid day.

Regarding today though, the VR Stress team will have their weekly lab meeting today. We'll discuss about the experiment and our number of participants with Birdie. We might have to make do with the amount of participants we currently have.

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🛗 July 19, 2019 🛛 🚨 Roselynn Conrady

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Long Days for the Stressy Stress Group

For about the past 3 weeks (including weekends), the VR Stress team has been staying until 7:30-8:30pm at VRAC to run experiments

So far, we are halfway done. We have run 10 participants, and we need about 10 more (ideally) to get a total of 20 participants. Supposedly, we could get away with 18 participants too but... ideally we want 20 for a large sample size.

At the moment, we've been chipping away at the poster, research paper, and presentation for Minnesota. We're at a point where we're just waiting for the experiments to be done so we can finally have some results

But that doesn't mean that we don't have any work to do. Neil assigned us a book and journal articles to read from. Further, we have to finish up the last chapter of *Behave* for our SPIT lab meeting.

The end is in sight.

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I'M HEALTHY AS CAN BE :D :D :D :D :D 🛗 July 19, 2019 🛛 🎩 Roselynn Conrady

NO TUMORS. NO CANCER. NO INFECTION. I'M OKAY 3

Oh man, what a week haha.

Thank you to Abby and Eliot for taking care of me!

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Pfft AC? I'm already cool 😎

🛗 July 18, 2019 🛛 🎩 Roselynn Conrady

I felt a nostalgia rush upon entering VRAC this morning. The warmth and mugginess felt like a heavy blanket. It felt like home. (I have no A/C in my house haha)

For the Luncheon Lecture, I enjoyed talking to Dr. Danielson today. His approach to improving education systems is quite interesting. The biggest takeaway, for me, was that lecture capture isn't always helpful because it depends on quie interesting. The buggest lakeaway, to the, was that leader capture for taiways reliption because it depend the course subject. For example, lecture capture is a fantastic supplemental tool for courses that require more memorization (like anatomy) but not so much for courses that involve more problem-solving (like chemistry).

In the course of our conversation, I asked him about his academic history (what was his major). He said something along the lines of:

"For my undergrad, I majored in English and I minored in Film Studies. I wanted to screenwrite. But the lifestyle I

wanted versus my goals... They were different and I had to change paths.

I appreciated that. I'm still in the process of figuring out a lot of things in my professional life. Originally, I wanted to pursue the more traditional mechanical engineering route of graduating and going straight to industry (most likely working on CAD or HVAC/R systems).

But upon coming here, I realize that I want to chase after innovative research (especially in regards to virtual reality). Also, I realize that I strongly dislike the Midwestern weather (no offense y'all). But... the stuff I want to work on is

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So I slept in til 11am today	
🛗 July 17, 2019 🛛 💄 Roselynn Conrady	
Just kidding.	
I spent the majority of this morning making health-related phone calls to California. Oh side tangen	
currently mildly very terrified to go outside because it suddenly got dark (from the clouds) and the v howling*. But I am oh so determined to get back to VRAC though (after the storm passes)!	wind is practically
Back to this morning, I realized 2 things:	
1. The majority of these phone calls were just me being on hold. Not necessarily the fault of the p	erson on the other
end of the line. Also, it boggled my mind to find out that the next available appointments for my September! Holy moly, I think I understand why people say we need to fix our healthcare syster	
this debate for another time).	
Health comes first. I've been putting off doctor appointments/check ups for a while and I thin reason to why I've had to go to urgent care and what not. I'm the kind of person who puts work	first, but really, it
should be my health. Because after all, I can't do work if I'm not healthy enough for it. Another n I've been having these issues is because I've been ignoring it, to be quite honest. Well, more I	
seeing these problems but thinking, "Ah it's not a big deal, it'll be okay." But that's a totally wro When it doubt, get it checked out if you can.**	
As of 11:01, it is pouring super hard!	
**As of 11:05, I hear thunder 😀	
🗀 Uncategorized 🛛 🗔 Leave a reply	@ Edit
Data is slow	
July 16, 2019 Roselynn Conrady	
VR Stress team still doesn't have their results yet. We're still in the process of collecting data, which	ch takes a lot of
time.	
Talked about this with Neil and he said that we'll show proto data. In other words, our preliminary re	esults and
conclusion. But! We'll mention that we'll continue to revise our stuff once we collect more data.	
I'm feeling optimistic though.	@ Edit
Uncategorized 📃 Leave a reply	@ Edit
"Let me just rub my leg against you" (update)	
🛍 July 15, 2019 🛛 🚨 Roselynn Conrady	
Said Syema.	
Anyway, I'm doing good. I spent the morning at urgent care, and I turned out alright. Not trying to jin	ix it!
VR Stress team has a solid abstract. I'll have to ask the team if they filled out the form to submit to Symposium.	the REU
Also, I need to submit my discussion questions about the book.	
Edit: My team is great! They submitted the application 🙂	
🗀 Uncategorized 🛛 🖵 3 Replies	@ Edit
l love Mendeley*	
I IOVE INETICETEY	
Thus far, I've been using a spreadsheet to keep track of all my papers/references then I dipped	my toes into the
Mendeley pool.	
It's been great. I'll still double check my citations just in case, but boy oh boy, Mendeley makes i	it so much easier.
Anyway, the VR Stress team paper has been coming along. The introduction is almost done. We'r	re going to have to
work on the abstract so we can apply for the REU Symposium.	
Mendeley did not sponsor me in any way	<i>⊘</i> Edit
Uncategorized 🔤 2 Replies	
Can Confirm, Alex Renner Talked About Orthotrop	
Anisotropic Material :) [Also, shout out to Kate (Ke Wang for helping the 3D Printing team too]	exin)
M July 11, 2019 Roselynn Conrady	
/R Stress team is collecting some solid data. I would like to continue working on this research after	er the SPIRE EIT
program is over. I'll have to let Birdie know.	
MCA (Major Course Activity) Presentations went well. Loved what everyone worked on. Thanks for	r the mentors and
faculty for coming/helping us!	
Special thanks 3D printing mentors: Alex Renner and Kate (Kexin) Wang!	
Uncategorized Q Leave a reply	@ Edit
Educational Laundry	
🛗 July 10, 2019 🛛 💄 Roselynn Conrady	
Last night, Emmanuelle, Lara, Jennifer, Nina, Kelsey, and I went to the laundromat with Abby. I brou stuff just in case so I would have something to do while waiting but time flew! I learned a lot about through our conversations.	
	so hard to choose!
Makes me realize that I really need to start narrowing down what I want to do after undergrad. It's s	
Makes me realize that I really need to start narrowing down what I want to do after undergrad. It's s O_O Uncategorized Leave a reply	@ Edit
O_O	∅ Edit
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aerobic exercise. Although, I'm a little bummed because we were in the middle of participating in an experiment but it's all goodie in the hoodie.

💷 Uncategorized 🛛 🖳 1 Reply

🛗 July 9, 2019 🛛 🚨 Roselynn Conrady

ast night, I found out that my keyc to get into the apartment doesn't work. Fortunately, I was going home with Nina

so she was able to let me in 🙂

This morning before coming to VRAC, I stopped by the community office to resolve the issue. So at the moment, I have a temporary keycard (that works!). But the office lady said since I'm with a group, my keycard (the one that I got the first time upon coming to lowa) is different... something along those lines. She says she'll email once the other keycard gets fixed.

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Delicious Donut and Running Our 1st Legit Participant

🛗 July 8, 2019 🛛 💄 Roselynn Conrady

I hope that Jamiahus's thesis defense went well! I'm also thankful for the donuts he brought for everyone, the chocolate cake donut was yummy 🙂

Thesis defenses are scary... but he was handling it like a champ. If I go down the grad school route, I want to be calm and collected like he was

Not trying to jinx it, but as I type this: we're going to try and run our 1st legitimate participant (as in, we'll collect actual biomarker data)

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To the lovely IEOP ISU folks from today...

🛗 July 6, 2019 🛛 🎩 Roselynn Conrady

You're all nice and beautiful people! I just realized that we never exchanged our names or anything... but it was fun talking to all 3 of you!

So sorry that we had to end our conversation on the bus so abruptly): Nevertheless, in the unlikely event that any of you can see this:

I wish you all the best of luck with your studies and I'm sure that you will make for amazing English teachers. I'd love to meet you all again some day. I feel compelled to visit Brazil! Obrigado 😀

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Loving the Ethics Class

🛗 July 3, 2019 🛛 🎩 Roselynn Conrady

I wish there were more of these classes in the engineering program at my school. Ethics really makes you think. I also believe it is important that we have these difficult discussions. We have to be able to deal with the consequences and effects of our innovations and technologies.

I don't have an HBO subscription, but I'm totally down for a watch party to watch that Theranos documentary.

Oh also, this class inspired to read up on the news/politics some more.

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HCI: GenderMag

🛗 July 2, 2019 🛛 💄 Roselynn Conrady

I'm still a little lost on how GenderMag works. Can't wait to discuss this more in depth tomorrow

As for discussion... When Dr. Burnett was on the part of, "talking about gender without talking about gender," I thought that was kind of interesting. From my understanding, she takes these more "feminine" traits and makes them more... gender-neutral. Some examples she used was "risk-aversion" and "tech learning style."

I wonder if there are other ways to take away the gender from traits, and just make them human traits... I think that's what I'm trying to get at.

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Progress Haiku

🛗 July 2, 2019 🛛 💄 Roselynn Conrady Tested stress project Sound is not working so well But the text looks good 💷 Uncategorized 🛛 🖳 2 Replies ~1 Month Left

🛗 July 1, 2019 🛛 💄 Roselynn Conrady

VR Stress team will start running their pilot participants this week (hopefully). Lucas will refine the Unity project by fixing the text (both text 1 and text 2). Another thing we need to do with the project is to have only 1 teacher

Bradon and I spent some time with Neil to work on the research paper in the afternoon. We learned a lot about how to write our introduction. Also, we're going to collaborate with an LSAMP student, Ala Sobi, on the methods portion of the research paper.

Changing topics to the Deeper Dive, my high heel is ready to print. I uploaded my STL and SolidWorks parts to our Google Drive. Alex is going to get me some hardware (just hex bolts and nuts). Looking forward to it!

On another note, can't believe there's about a month left. I've grown and learned so much these past weeks... It's been bumpy, but in a good way! I like the variety, and I'm thankful to have these opportunities with everyone here.

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