

REU2019 About Calendar Courses Research Teams People Resources

---

Looks Like Some People Don't Have Access to the Site D:  
Just want to see if I can post something

### Dark Soles (ft. Nina)

June 28, 2019 @ Roselynn Conroy

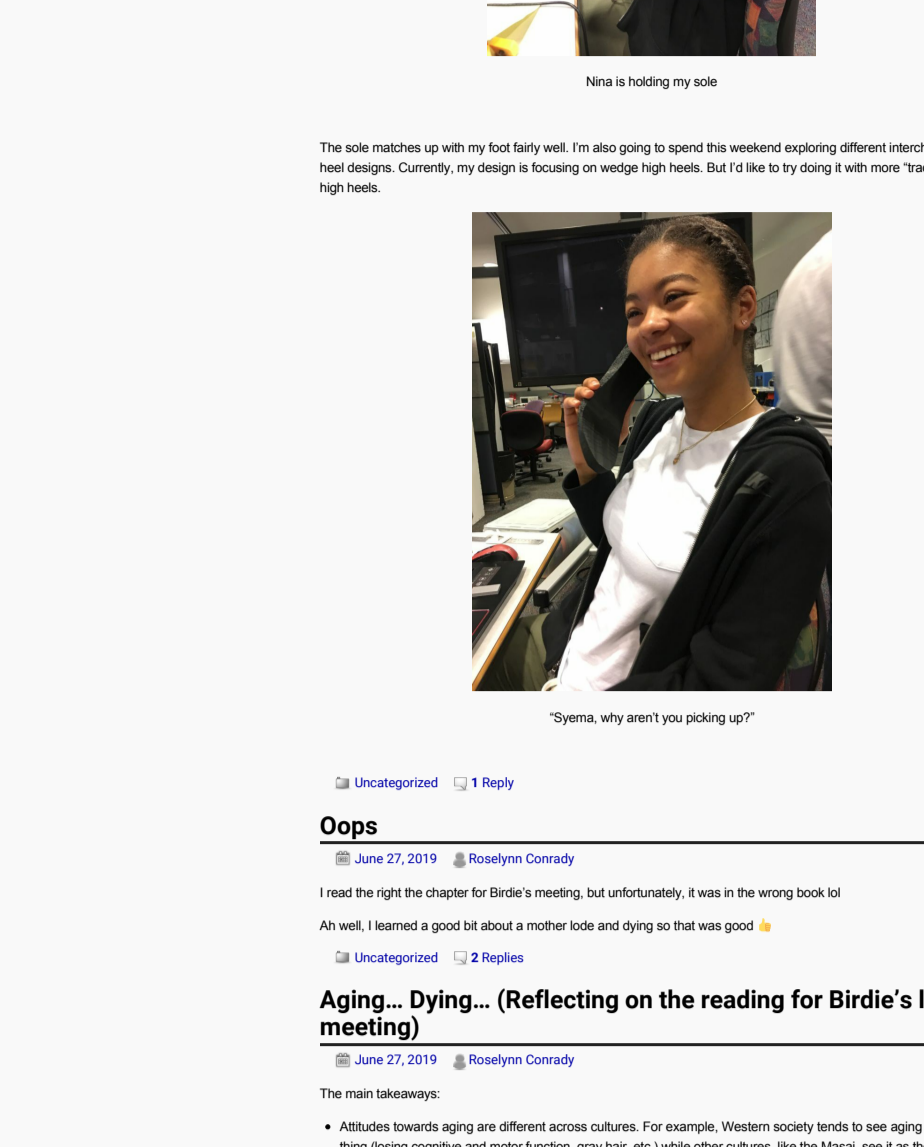
First all of VR Stress team got FRB approval! Hoppie we officially are turning some heads which we really probably start to work.

They took pictures for the #VRStress2019 competition and we were awarded 1st place for our video.

### Inter Blogs

- Emmaus/Herence
- Amanda/Johnson
- Anissa/Sullivan
- Lukas/Hugh
- Evan/Smith
- Rose/Chen
- Rose/Conroy
- Emmaus/Herence
- Rose/Conroy
- Rose/Conroy

The role in on the platform. That gold brown tape is Kapton tape. The tape is there to hold the residual stress on and to the rest of the work. The role is for the tape to hold the tape from the support frame and keep it from moving.



Here looking to see if my feet feel any. I'm going to spend this weekend exploring different interchangeable foot designs. Currently, my design is using finger hinges, but I'd like to try going with more "traditional" high heels.

### Oops

June 27, 2019 @ Roselynn Conroy

I read the report for Birdie's meeting, but unfortunately, it was in the wrong folder lol

Ah well, I learned a good bit about a motor lube and drying so that was good lol

### Ageing...Dying... (Reflecting on the reading for Birdie's lab meeting)

June 27, 2019 @ Roselynn Conroy

The ageing process is a complex one, involving many factors such as:

- Insulin resistance and motor function, grey hair, etc.) For example, Western societies tend to age as we live into 80s.
- Similar to that, sudden overexposure of glucocorticoids from my understanding, they're essential hormones that come from the end of the stress response. They're used to end the stress response and they cause us to be able to fight off stress after a stressful event.
- Age-related changes don't start until after age 50. That means that by 50, old organisms tend to have higher levels of insulin resistance and their stress responses. To quote author Robert Sapolsky: "As an example, older individuals are impaired at handling of epinephrine, norepinephrine, or glucocorticoid secretion after a stressor has been faced. It takes longer for levels of these substances to return to baseline."

### References (link to the book Why Zebras Don't Get Ulcers by Robert M. Sapolsky)

1. https://books.google.com/books?id=9p70eeBwAAcAAQ&pg=PA140#v=onepage&q=Why%20Zebras%20Don't%20Get%20Ulcers&q=Why%20Zebras%20Don't%20Get%20Ulcers

### MOTHER OF ALL LOADS

June 27, 2019 @ Roselynn Conroy

On Sat, we saw my friend today at 9:30 am. So, like I was reading stuff for Birdie's meeting (chapter 12 from Why Zebras Don't Get Ulcers) and I had a "mother load".

Anyhow, I was totally like, "Oh, that's proper!" "mother load" or "load" and about giving birth to my first child. I was like "mother load is correct. But I always thought it was 'motherload' like the 'mother of all loads'. Turns out it isn't the only one."

mother load - Common Errors in English Usage and More...

### References

1. https://books.google.com/books?id=9p70eeBwAAcAAQ&pg=PA140#v=onepage&q=Why%20Zebras%20Don't%20Get%20Ulcers&q=Why%20Zebras%20Don't%20Get%20Ulcers

### I wasn't feeling it then, but I feel it now

June 26, 2019 @ Roselynn Conroy

For my previous blog post, I took something along the lines of: "The courses feel daunting and I wish I had more time to work on my group research project." Because:

### Eyes, Heels, and Dance

June 26, 2019 @ Roselynn Conroy

I've been attempting to make interchangeable heels on high heel shoes. At the last minimum level to be able to switch out such as 4 inch heels on a shoe. The difficult part is the change in angle of the foot. It's crucial to avoid any damage to the foot and ankle.

VR Stress team is super close to being able to bring home the VR Stress team to the VR Stress team. I'm going to try and get 3D print some shoes for me and wear it to the VR Stress team.

### Alex Renner is Cool

June 27, 2019 @ Roselynn Conroy

Homomorphism is wild!

### References

1. https://books.google.com/books?id=9p70eeBwAAcAAQ&pg=PA140#v=onepage&q=Why%20Zebras%20Don't%20Get%20Ulcers&q=Why%20Zebras%20Don't%20Get%20Ulcers

### A Few of the Hiking Photos I Took (Updated)

June 26, 2019 @ Roselynn Conroy

Here's some of the photos I took from yesterday's hike at the Ledges. I had captured the photo in a gallery, but the quality was even worse.

Let's go to Karna, Blaskan, Kiby, and Saka

Here's Nina taking a break

This is my attempt at getting

There's a hole deep into the forest. or is there?

Laura (right) and Jennifer (back) emerge from the cave

Emmaus out here looking tough as nails

### Eye feel better

June 26, 2019 @ Roselynn Conroy

My eye aren't that puffy anymore! 🙌 What, they're still a puffy, but I think it looks better.

### Hear my cries, Hear my call ... I am Puff Eyeballs

June 23, 2019 @ Roselynn Conroy

Waking up this morning and my eyes were so puffy. I look like I could before going to bed. I'm okay lol.

### Pump Up the Additive Manufacturing Jam

June 24, 2019 @ Roselynn Conroy

The weekend was a much deserved break!

### Alex Renner is Cool

June 27, 2019 @ Roselynn Conroy

Homomorphism is wild!

### References

1. https://books.google.com/books?id=9p70eeBwAAcAAQ&pg=PA140#v=onepage&q=Why%20Zebras%20Don't%20Get%20Ulcers&q=Why%20Zebras%20Don't%20Get%20Ulcers

### We're so close

June 20, 2019 @ Roselynn Conroy

Team VR Stress has VR Monday of next week to do our final environmental scan and project.

### Unity and 3D Printing

June 20, 2019 @ Roselynn Conroy

Jack Miller and I had a meeting with the VR Stress team. They're the Unity readers and they've been working on VR Stress team so much.

### Parappa the Rapper

June 19, 2019 @ Roselynn Conroy

Last day of work with VR. We made more progress. The main thing we need to focus on now is to link up the VR Stress team.

### Ready Player 5 6 7 8

June 14, 2019 @ Roselynn Conroy

VR Stress TEAM IS MAKING GOOD PROGRESS! I am currently working on the dance animations in Unity, and I think I'm making good progress on the VR game engine too.

### Bye Maya, Hello Unity

June 21, 2019 @ Roselynn Conroy

I had a relaxing, yet productive weekend. I worked on Maya and I had to learn how animations work in Unity.

### HCI: My Toyota and the slingshot game mechanic in Stardew Valley

June 14, 2019 @ Roselynn Conroy

To talk of a few more HCI issues from a design and ventilation system. I would like to contribute to the HCI course on the 15th.

### References

1. https://books.google.com/books?id=9p70eeBwAAcAAQ&pg=PA140#v=onepage&q=Why%20Zebras%20Don't%20Get%20Ulcers&q=Why%20Zebras%20Don't%20Get%20Ulcers

### Maya woes and Unity blazes

June 14, 2019 @ Roselynn Conroy

I've grown to love Maya now. At first, I wasn't digging it because I was so used to working with Blender. With Maya, I had more to explore so many constraints (such as defining a bone)...

My idea

### A Friday's Eve Update

June 14, 2019 @ Roselynn Conroy

VR Stress team is making some progress before the night. We've been working on Blender again. Our new goal is to make a VR game engine.

VR Stress team is super close to being able to bring home the VR Stress team. I'm going to try and get 3D print some shoes for me and wear it to the VR Stress team.

### My second shortest post thus far

June 13, 2019 @ Roselynn Conroy

Lesson learned: I should put a bowl on my table each time I eat. My server sometimes is unconformably damp in the morning.

### Keyley is watching Naruto as I'm typing up my post for June 11, 2019

June 11, 2019 @ Roselynn Conroy

I had my morning fully engaged with the Physics Library in the past. There's something really cool about being the first to see something like this.

### For June 10: Solid Work of SolidWorks, Stressy Stress Meetup, and Sir Mixalot Baby Got Unity

June 10, 2019 @ Roselynn Conroy

It's a nice change of pace to go to SolidWorks! I used the program for almost all of my undergraduate career, and I'd like to see how things have changed since then.

### But I Said Yes to the Belgian Waffle: A Roselynn Solo Sundry and more!

June 10, 2019 @ Roselynn Conroy

Notes: Starts with happy fluff! Finest mochi REU sausage things, swirl to the bottom (ouch) up holding astringent 40 Gram today! What does that mean? I'll research HELL for about 1.5 hours before reaching "no, I won't do anything."

### Did I Say Nope to the Rope

June 10, 2019 @ Roselynn Conroy

I had my first time in the gym today. I did a lot of cardio and strength training. I felt like I was in the gym for the first time.

### More Serious REU Business

June 10, 2019 @ Roselynn Conroy

I'm a little concerned for the VR Stress research team this week. On Tuesday, I took the Craft of Research course in a group led by Birdie and I think we're doing well.

### Did I Say Nope to the Rope

June 10, 2019 @ Roselynn Conroy

I had my first time in the gym today. I did a lot of cardio and strength training. I felt like I was in the gym for the first time.

### For June 10: Solid Work of SolidWorks, Stressy Stress Meetup, and Sir Mixalot Baby Got Unity

June 10, 2019 @ Roselynn Conroy

It's a nice change of pace to go to SolidWorks! I used the program for almost all of my undergraduate career, and I'd like to see how things have changed since then.

### But I Said Yes to the Belgian Waffle: A Roselynn Solo Sundry and more!

June 10, 2019 @ Roselynn Conroy

Notes: Starts with happy fluff! Finest mochi REU sausage things, swirl to the bottom (ouch) up holding astringent 40 Gram today! What does that mean? I'll research HELL for about 1.5 hours before reaching "no, I won't do anything."

### Did I Say Nope to the Rope

June 10, 2019 @ Roselynn Conroy

I had my first time in the gym today. I did a lot of cardio and strength training. I felt like I was in the gym for the first time.

### More Serious REU Business

June 10, 2019 @ Roselynn Conroy

I'm a little concerned for the VR Stress research team this week. On Tuesday, I took the Craft of Research course in a group led by Birdie and I think we're doing well.

### Did I Say Nope to the Rope

June 10, 2019 @ Roselynn Conroy

I had my first time in the gym today. I did a lot of cardio and strength training. I felt like I was in the gym for the first time.

### For June 10: Solid Work of SolidWorks, Stressy Stress Meetup, and Sir Mixalot Baby Got Unity

June 10, 2019 @ Roselynn Conroy

It's a nice change of pace to go to SolidWorks! I used the program for almost all of my undergraduate career, and I'd like to see how things have changed since then.

### But I Said Yes to the Belgian Waffle: A Roselynn Solo Sundry and more!

June 10, 2019 @ Roselynn Conroy

Notes: Starts with happy fluff! Finest mochi REU sausage things, swirl to the bottom (ouch) up holding astringent 40 Gram today! What does that mean? I'll research HELL for about 1.5 hours before reaching "no, I won't do anything."

### Did I Say Nope to the Rope

June 10, 2019 @ Roselynn Conroy

I had my first time in the gym today. I did a lot of cardio and strength training. I felt like I was in the gym for the first time.